

# MY GUNYAH MONTHLY NEW SLETTER



HUB: 167-169 CONADILLY STREET, GUNNEDAH

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WWW GGACHUR COM AL

### **NATIONAL RECONCILIATION WEEK 2025**

'NOW MORE THAN EVER' - BRIDGING NOW TO NEXT

AT GUNIDA GUNYAH ABORIGINAL CORPORATION, RECONCILIATION WEEK IS A POWERFUL REMINDER OF OUR SHARED JOURNEY—HONOURING THE PAST, ACTING IN THE PRESENT, AND BUILDING STRONG BRIDGES TO A BETTER FUTURE.

"BRIDGING NOW TO NEXT" MEANS DOING THE WORK TODAY THAT LEADS TO LASTING CHANGE TOMORROW—AND THAT'S WHAT OUR TEAM IS COMMITTED TO EVERY SINGLE DAY.

OUR STAFF WORK HARD ON THE GROUND IN GUNNEDAH AND BEYOND TO CREATE REAL OPPORTUNITIES FOR ABORIGINAL PEOPLE ITY AND THE WIDER COMMUNITY—WHETHER IT'S SAFE HOUSING, CULTURAL SUPPORT, PROGRAMS, HEALING, OR SIMPLY A SAFE SPACE TO YARN.

THE GUNIDA GUNYAH COMMUNITY HUB IS OPEN TO ALL, NO JUDGEMENT, NO SHAME, IF YOU NEED SUPPORT, WE'RE HERE, WE WILL ALWAYS TRY TO HELP.

THIS WEEK—AND EVERY WEEK—WE HONOUR THE RESILIENCE OF OUR ELDERS, THE POWER OF OUR CULTURE, AND THE ROLE WE ALL PLAY IN CREATING A MORE JUST AND RESPECTFUL AUSTRALIA.

VISIT OUR HUB: 167-169 CONADILLY STREET, GUNNEDAH WWW.GGACHUB.COM.AU

FACEBOOK: GUNIDA GUNYAH ABORIGINAL CORPORATION

# HIRE ME

#### **EQUIPMENT HIRE**

DO YOU NEED EQUIPMENT FOR YOUR NEXT EVENT? GUNIDA GUNYAH OFFERS A COMPREHENSIVE RANGE OF EVENT EQUIPMENT AVAILABLE FOR HIRE IN GUNNEDAH, WHETHER YOU NEED TABLES, CHAIRS, MARQUEES, OR OTHER ITEMS, WE HAVE EVERYTHING TO MAKE YOUR EVENT A SUCCESS. CHECK OUT OUR WEBSITE TO FIND OUT MORE.

HTTPS://WWW.GGACHUB.COM.AU/COP Y-OF-HIRE



## NATIONAL CORRECTIONS DAY 2025

GUNIDA GUNYAH PROGRAMS TEAM
ATTENDS NATIONAL CORRECTIONS
DAY MORNING TEA
GUNIDA GUNYAH ABORIGINAL
CORPORATION'S PROGRAMS STAFF
WERE PLEASED TO ATTEND THE
NATIONAL CORRECTIONS DAY MORNING
TEA ON FRIDAY, 16 MAY 2025, HOSTED
BY GUNNEDAH TAMWORTH COMMUNITY
CORRECTIONS – CORRECTIVE SERVICES
NSW.

THE EVENT WAS HELD AT THE GUNNEDAH COMMUNITY CORRECTIONS OFFICE, LOCATED ACROSS THE ROAD FROM THE GUNNEDAH POLICE STATION. IT WAS A GREAT OPPORTUNITY TO SHOW APPRECIATION FOR THE WORK OF CORRECTIONS STAFF AND STRENGTHEN PARTNERSHIPS THAT SUPPORT COMMUNITY SAFETY AND REHABILITATION.

GUNIDA GUNYAH THANKS COMMUNITY CORRECTIONS FOR THE INVITATION AND THEIR ONGOING COLLABORATION.



#### **DFV ESCAPE BAGS**

GUNIDA GUNYAH NOW HAS ESCAPE BAGS AVAILABLE.

IF YOU OR SOMEONE YOU KNOW IS EXPERIENCING DOMESTIC OR FAMILY VIOLENCE (DFV), WE'RE HERE TO HELP.

ESCAPE BAGS ARE NOW STOCKED AT THE HUB — READY TO SUPPORT WOMEN IN CRISIS WITH ESSENTIAL ITEMS FOR A SAFE AND QUICK EXIT.

- COME IN AND HAVE A YARN WITH OUR FRIENDLY STAFF
- EVERYTHING IS CONFIDENTIAL AND CULTURALLY SAFE.
- YOU'RE NOT ALONE.

### NATIONAL RECONCILIATION WEEK AT GUNNEDAH HIGH SCHOOL

OUR TEAM MEMBER BRETT PROUDLY REPRESENTED GUNIDA GUNYAH ABORIGINAL CORPORATION AT GUNNEDAH HIGH SCHOOL'S NATIONAL RECONCILIATION WEEK ASSEMBLY HELD ON 27 MAY 2025.

THE ASSEMBLY HIGHLIGHTED THE IMPORTANCE OF INCLUSIVITY AND RESPECT FOR ALL CULTURES THAT MAKE UP OUR DIVERSE AUSTRALIAN COMMUNITY. A SPECIAL MOMENT OF THE EVENT WAS THE PERFORMANCE BY YOUNG INDIGENOUS DANCERS, WHO SHOWCASED THE CULTURAL SKILLS THEY'VE BEEN LEARNING IN THE LEAD-UP TO THE ASSEMBLY.

TO CLOSE THE EVENT, ALL SPECIAL GUESTS WERE PRESENTED WITH A THOUGHTFUL GIFT — A GLASS JAR FILLED WITH SAND BY THE STUDENTS — A MEANINGFUL GESTURE THAT SYMBOLISED CONNECTION, UNITY, AND COMMUNITY SPIRIT.

WE THANK GUNNEDAH HIGH SCHOOL FOR THE INVITATION AND FOR CREATING A SPACE WHERE CULTURE AND RECONCILIATION ARE CELEBRATED WITH RESPECT AND PRIDE.



#### ADVISORY GROUP YARN-UP

THIS MONTH, OUR ADVISORY GROUP CAME TOGETHER TO HAVE A YARN ABOUT SHAPING PROGRAMS AND SERVICES THAT SUPPORT FAMILIES IMPACTED BY DOMESTIC AND FAMILY VIOLENCE (DFSV).

TOGETHER WITH OUR PROGRAMS TEAM, WE TALKED THROUGH KEY PROJECTS LIKE:

- MARRABAA FAMILY SAFETY PROJECT
- WUU-RRI BANMA-LI CRISIS ACCOMMODATION SERVICES PROJECT

THESE CONVERSATIONS ARE AN IMPORTANT STEP IN MAKING SURE OUR SERVICES ARE COMMUNITY-LED, CULTURALLY SAFE, AND RESPONSIVE TO THE REAL NEEDS OF OUR MOB.
BIG THANKS TO EVERYONE WHO SHARED THEIR VOICE, KNOWLEDGE, AND COMMITMENT.



### AUSTRALIA'S BIGGEST MORNING TEA

ON THURSDAY MAY 22<sup>ND</sup>, GUNIDA GUNYAH ABORIGINAL CORPORATION HOSTED A BIGGEST MORNING TEA EVENT AT THE HUB WELCOMING EVERYONE TO ENJOY A NICE WARM CUPPA & BICKIES, DONATING A GOLD COIN, ALL FUNDS RAISED WILL GO TO MAKING A DIFFERENCE FOR THOSE IMPACTED BY CANCER.



NEW EMPLOYEE MEET MERCY

MEET MERCY MUTAI – OUR NEW TEAM MEMBER AT GUNIDA GUNYAH HUB!

WE'RE EXCITED TO WELCOME MERCY MUTAI TO THE TEAM AS A SUPPORT WORKER FOR THE WUU-RRI BANMAN-LI CRISIS ACCOMMODATION SERVICES PROJECT.

MERCY BRINGS WITH HER A STRONG
BACKGROUND IN YOUTH WORK, CHILD
PROTECTION, AND COMMUNITY SERVICES.
ORIGINALLY FROM KENYA, SHE MOVED TO
AUSTRALIA 8 YEARS AGO TO PURSUE A
BACHELOR OF SOCIAL SCIENCE (COMMUNITY
SERVICES) AND HAS SINCE WORKED FOR 5
YEARS SUPPORTING YOUNG PEOPLE IN OUT OF
HOME CARE (OOHC).

### FROM MERCY:

'I'M AMBITIOUS AND EMPATHETIC, I RESPECT CULTURE AND DIVERSITY AND AM PASSIONATE ABOUT HELPING COMMUNITY MEMBERS ACHIEVE THEIR GOALS, MY LONG-TERM AIM IS TO SUPPORT PEOPLE ON THEIR JOURNEY TO SAFE AND SECURE HOUSING THROUGH THE WUU-RRI BANMAN-LI PROJECT, I'M ALSO A PROUD MUM OF ONE AND LOVE READING BOOKS IN MY SPARE TIME.'

WE'RE LUCKY TO HAVE YOU, MERCY – WELCOME TO THE GUNIDA GUNYAH FAMILY!

### OUR BUG COMMUNITY SUVEY WINNER!

AND A BIG CONGRATULATIONS TO CATH SMYTH, THE LUCKY WINNER OF OUR BIG COMMUNITY SURVEY PRIZE DRAW!

THANK YOU TO EVERYONE WHO TOOK THE TIME TO SHARE YOUR VOICE THROUGH THE SURVEY—YOUR FEEDBACK HELPS US GROW AND SHAPE BETTER SERVICES FOR EVERYONE.



## NEW EMPLOYEE MEET SARA & ROWENA

MEET OUR NEW FAMILY SUPPORT WORKERS – WARRANGGAL DHIYAN (STRONG FAMILIES) JUSTICE PROGRAM

WE'RE EXCITED TO WELCOME SARA AND ROWENA TO THE GUNIDA GUNYAH TEAM!

SARA AND ROWENA ARE OUR NEW FAMILY SUPPORT WORKERS FOR THE WARRANGGAL DHIYAN JUSTICE PROGRAM, A FAMILY-CENTERED PROGRAM THAT WALKS ALONGSIDE ABORIGINAL FAMILIES FACING COMPLEX CHALLENGES TO BUILD STRONGER, SAFER FUTURES,

#### YOU'LL FIND SARA AND ROWENA WORKING:

- GUNNEDAH 2 DAYS PER WEEK
- NARRABRI 3 DAYS PER WEEK, WITH OUTREACH TO WEE WAA AND SURROUNDING COMMUNITIES

#### MEET ROWENA (ROW):

"MY NAME'S ROW. I COME FROM A BROAD BACKGROUND IN NURSING, HAVING WORKED IN RURAL AND REMOTE COMMUNITIES. I'M PROUD TO BE PART OF THE WARRANGGAL DHIYAN (STRONGER FAMILIES) PROGRAM AT GUNIDA GUNYAH AND LOOK FORWARD TO PROVIDING OUTREACH SUPPORT TO OUR LOCAL COMMUNITY AND WORKING WITH YOU ALL"

#### MEET SARA:

"I'M PASSIONATE AND COMMITTED, WITH EXTENSIVE EXPERIENCE PROVIDING CULTURALLY SAFE, PRACTICAL SUPPORT TO ABORIGINAL AND TORRES STRAIT ISLANDER FAMILIES, THROUGH THE WARRANGGAL DHIYAN PROGRAM, I OFFER WRAP-AROUND CASE MANAGEMENT AND FAMILY-FOCUSED SUPPORT FOR PEOPLE FACING INCARCERATION, SUBSTANCE MISUSE, FAMILY VIOLENCE, AND MENTAL HEALTH ISSUES. I BELIEVE IN STRONG ADVOCACY, TAILORED SUPPORT PLANS, AND WORKING SIDE BY SIDE WITH FAMILIES TO EMPOWER AND UPLIFT, BASED AT THE COMMUNITY HUB, I ALSO DELIVER OUTREACH ACROSS NARRABRI AND WEE WAA—AND I'M HONOURED TO WALK WITH FAMILIES ON THEIR JOURNEY TOWARD HEALING AND STRENGTH."

WE'RE THRILLED TO HAVE SARA AND ROWENA ON BOARD AND CAN'T WAIT FOR THE COMMUNITY TO MEET THEM.

IF YOU OR SOMEONE YOU KNOW COULD BENEFIT FROM THIS SUPPORT, REACH OUT TO THE GUNIDA GUNYAH COMMUNITY HUB TODAY.



## NEW EMPLOYEE MEET AANMARY

WELCOME AANMARY TO THE TEAM!
WE'RE EXCITED TO WELCOME AANMARY
THANKACHEN AS THE NEW WUU-RRI BANMA-LI
COUNSELLOR AT GUNIDA GUNYAH ABORIGINAL
CORPORATION.

#### **AANMARY SHARES:**

'AS A COMPASSIONATE AND DEDICATED LEVEL 2 REGISTERED COUNSELLOR ACCREDITED BY THE AUSTRALIAN COUNSELLING ASSOCIATION, I AM COMMITTED TO EMPOWERING INDIVIDUALS TO OVERCOME CHALLENGES, FOSTER RESILIENCE AND HOPE, AND REWRITE THEIR LIFE NARRATIVES, I BRING A TRAUMA-INFORMED, PERSON-CENTRED APPROACH TO MY COUNSELLING PRACTICE.

WE ARE PROUD TO HAVE AANMARY JOIN THE WUU-RRI BANMA-LI TEAM AND LOOK FORWARD TO THE SUPPORT AND CARE SHE WILL BRING TO OUR COMMUNITY





## NEW EMPLOYEE -

MEET KELLY GRACE – OUR NEW SHLV CASEWORKER!

GUNIDA GUNYAH ABORIGINAL CORPORATION IS PROUD TO WELCOME KELLY GRACE TO OUR TEAM AS A CASEWORKER FOR THE STAYING HOME LEAVING VIOLENCE & CRISIS ACCOMMODATION SERVICES PROGRAM.

KELLY BRINGS OVER FOUR YEARS OF EXPERIENCE SUPPORTING INDIVIDUALS AFFECTED BY VIOLENCE AND LIFE'S CHALLENGES, SHE IS A PASSIONATE ADVOCATE FOR COMMUNITY WELLBEING, COMMITTED TO HELPING PEOPLE FIND SAFETY, STABILITY, AND HEALING.

'I AM DRIVEN BY A STRONG SENSE OF INTEGRITY, TRUST, AND CULTURAL AWARENESS. MY GOAL IS TO WALK ALONGSIDE THOSE IN NEED WITH EMPATHY AND UNDERSTANDING—ENSURING EVERY PERSON FEELS RESPECTED AND SUPPORTED ON THEIR JOURNEY TO RECOVERY.' - KELLY.

KELLY IS ALSO A JUSTICE OF THE PEACE, BRINGING PROFESSIONALISM, COMPASSION, AND A DEEP COMMITMENT TO OUR COMMUNITY.

IF YOU OR SOMEONE YOU KNOW NEEDS SUPPORT, DROP INTO THE HUB AND MEET WITH KELLY OR ONE OF OUR TEAM MEMBERS. WE'RE HERE TO HELP.

### GGAC'S COMMUNITY NOTICE BOARD

NEED TO GET THE WORD OUT ABOUT UPCOMING EVENTS, WORKSHOPS, JOB ADVERTISEMENTS, DROP IN A PAPER COPY OR EMAIL TO ADMIN@GUNIDAGUNYAH.COM.AU AND WE'LL PUT IT UP IN OUR COMMUNITY NOTICE BOARD OUT FRONT OF THE HUB!

### **NEW DATE COMING SOON...**



## **SUPPORT SERVICES**

Emergency Services	Police, Fire and Ambulance	000
Lilly Pilly Place	Domestic and Family Violence Refuge	(02) 6741 9101
Gunida Gunyah	Housing, DFV, Justice & Crisis services	(02) 6742 7038
1800RESPECT	Counselling, information and support	1800 737 732
Police Assistance	Non - emergency report crime, general police enquiries	131 444
NSW Domestic Violence Line	Crisis counselling, advocacy and referrals	1800 656 463
Aboriginal Family Domestic Violence Hotline	Crisis counselling, advocacy and referrals	1800 019 123
NSW Sexual Violence Helpline	Counselling	1800 424 017
Lifeline	Suicide prevention	131 14 or Text 0477 131 114
13 YARN	Culturally safe crisis support	139 276
Beyond Blue	Counselling	1300 224 636
Kids Helpline	Counselling for ages 5 to 25	1800 55 1800
Parent Line	Counselling and information	1300 1300 52
Victims' services	Financial and counselling support	1800 633 063
Link2Home	At risk of homelessness or Homeless service	1800 152 152
Legal Aid NSW	Legal	1300 888 529
Gunnedah Family Support	Housing, homelessness support	(02) 6742 1515
Alcohol and Other Drugs Information	Alcohol and drug addiction	1800 250 015
Family Drug Support	Drug addiction support	1300 368 186
Stimulant Treatment Line Regional and rural NSW	Stimulant drug addiction support	1800 101 188
Opioid Treatment Line	Drug addiction support	1800 642 428
NSW Quitline	Smoking and vaping addiction support	13 78 48
Next chapter Commbank	Crisis support and referrals for people who have experienced financial abuse. You can access the service no matter who you bank with.	1800 222 387
Translating and interpreting services	Find an interpreter who speaks your language	131 450
Wirringa Baiya Aboriginal Women's Legal Services	Legal information, advice, casework, education and advocacy for Aboriginal Women & Children	1800 686 587
Women's Legal Service NSW	Legal advice and referrals, family law, parenting issues, domestic violence, sexual assault and discrimination.	1800 801 501
Homes North	Temporary accommodation, community housing, and assistance	(02) 6742 0363
Winanga-Li Aboriginal Child and Family Centre	Child care, out-of-home care, community programs, and Aboriginal language services.	(02) 6743 0999
Multicultural Women's Association	empower the women from CALD background	0408 764 663
Min Min Aboriginal Corporation	Housing and support programs for members of the aboriginal community.	(02) 6742 4121
Gamble Aware Hunter & New England	Gambling addiction	1800 497 065
QLife	Counselling, referrals, support for LGBTQI+ people	1800 184 527
Women's Domestic Violence court advocacy service	Information, assistance and court advocacy services	1800 938 227
ACON	Information, referrals, counselling, advocacy and practical support for LGBTQI+	1800 063 060
Red Chief Lalc	Housing, community programs, and cultural activities.	(02) 6742 3602